



FROEBEL HOUSE SCHOOL

RHE POLICY

Introduction

This policy covers the teaching of Relationships Education, Sex Education and Health Education (referred to in this policy as RHE).

Definitions

Relationship Education

We define Relationships Education as teaching pupils about positive relationships, with a focus on friendships, family relationships, relationships with other children and with adults.

Health Education

We define Health Education as teaching pupils to make good decisions about their own health and wellbeing and to teach them to seek support when issues arise.

Sex Education

At Froebel House School we are required to include the elements of sex education that are contained within the primary science curriculum. We will only teach these compulsory elements:

- Information about the human body as it grows from birth to old age.
- Puberty.
- Reproduction in some plants and animals.

Aims

The aims of Relationships and Health Education (RHE) at our school is to:

- Provide a framework in which sensitive discussions can take place
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- Help pupils develop feelings of self-respect, confidence and empathy
- Create a positive culture around issues of sexuality and relationships
- Teach pupils the correct vocabulary to describe themselves and their bodies
- Teach pupils about the following protected characteristics and to understand their importance
 - age
 - disability
 - gender reassignment
 - marriage and civil partnership
 - pregnancy and maternity
 - race
 - religion or belief
 - sex
 - sexual orientation

Statutory Requirements

From September 2020, all schools must provide Relationships and Health Education to all pupils as per section 34 of the Children and Social work act 2017.

We also need to teach the elements of sex education contained in the science curriculum.

Curriculum

We have taken into account the age, needs and feelings of pupils. If pupils ask questions outside the scope of this policy, staff will respond in an appropriate manner so they are fully informed and do not seek answers online.

Within the curriculum, children will learn about the nine protected characteristics and their importance. It is integral that all children gain an understanding of the world they are growing up in, and learn how to live alongside and show respect for a diverse range of people.

Delivery of RHE

RHE is taught within the personal, social, health and economic (PSHE) education curriculum. Biological aspects of RHE are taught within the science curriculum.

The teaching of RHE will provide all children with the opportunities for deeper discussions during lessons including time for reflection and making connections with their own experiences.

RHE content will also be taught through assemblies and this will be followed up by discussions and further learning within classrooms.

The teaching of RHE must be adapted to meet the needs of all learners (e.g. SEND and pupils with social and emotional needs).

Relationships education

Our Jigsaw PSHE includes relationships education by addressing families, friendships, and respectful relationships across age groups, as part of the compulsory Relationships & Health Education (RSHE) curriculum, primarily through the "Relationships" and "Changing Me" units. This age-appropriate program teaches children about positive relationships, online relationships, safety, body image, and coping with change, including puberty, while also meeting the statutory requirements for schools regarding relationships and health.

These areas of learning are taught within the context of family life taking care to ensure that there is no stigmatisation of pupils based on their home circumstances (families can include single parent families, LGBT parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures) along with reflecting sensitively that some pupils may have a different structure of support around them (for example: looked after children or young carers).

Roles and responsibilities

The Proprietor

- The Proprietor will approve the RHE policy, and will hold leaders accountable for the implementation.

The Headteacher

- The Headteacher is responsible for ensuring that RHE is taught consistently across the school.

Staff

Staff are responsible for:

- Delivering RHE in a sensitive way
- Modelling positive attitudes to RHE
- Monitoring progress
- Responding to the needs of individual pupils
- Responding appropriately to pupils whose parents wish them to be withdrawn from the non-science components of RHE

Staff do not have the right to opt out of teaching RHE. Staff who have concerns about teaching RHE are encouraged to discuss this with the Headteacher.

The RHE leader and the Senior Leadership Team are responsible for the monitoring and the delivery of RHE within the school.

Pupils

- Pupils are expected to engage fully in RHE and, when discussing issues related to RHE, treat others with respect and sensitivity. Before doing any activity with RHE outcomes, pupils and staff will set and agree ground rules. These ground rules should aim to ensure that all the pupils are able to access their basic human rights

Parents' Right to Withdraw

Parents/carers do not have the right to withdraw their children from Relationships education as this is compulsory.

Further information from the Department of Education can be found here:

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/907638/RHE_primary_schools_guide_for_parents.pdf

Training

Staff are trained on the delivery of RHE as part of their induction and it is included in our continuing professional development calendar.

Monitoring arrangements

The delivery of RHE is monitored by the RHE subject Lead through arrangements such as evaluating planning, learning walks and discussions with pupils.

Pupils' development in RHE is monitored by class teachers as part of our internal assessment systems.

This policy will be reviewed by RHE leads annually.